

PHYSICAL THERAPY/ OCCUPATIONAL THERAPY EMPHASIS
Athletics, Recreation, Consumer Health & Environmental Sciences Academy
Emphasis Advisor—Coach Cowles—Room 1316

Courses may be taken any time from freshman through senior year. It is a good idea to get a graduation plan in place as early as possible. Please note the required courses for this emphasis. In addition, you must take a total of six (6) credit hours from the courses identified below. Identify the courses you prefer to take to earn your emphasis. Put a check in the box next to the courses you plan to take. Provide three (3) examples of your best work from each course you select (you may keep these examples in your electronic portfolio at Utah Futures). You may not use more than two (2) full credits from Physical Education course for this emphasis.

1. COURSES REQUIRED FOR EMPHASIS

Sports Medicine/AT 2175 (1)
Medical Anatomy & Physiology (1)/Anatomy & Physiology 1500 (.5)
Language Arts 12/AP/ENGL 1010 & 2010, and/or Technical & Professional Communications (1)

2. COURSE OPTIONS FOR EMPHASIS

Freshman Year (9th Grade)

PST Physical Education (.5)
Biology (1)

Sophomore Year (10th Grade)

Lifetime Fitness (.5)
Consumer Health (.5)/Intro. Health Science (1)
Biology (1)
Advanced Human Biology (1)
Psychology/AP Psychology (1)
Sports Psychology (.5)
Aerobic Fitness (.5)
Team Sports (.5)
Weight Training (.5)

Junior Year (11th Grade)

Sports Medicine/AT 2175 (1)
Medical Anatomy & Physiology (1)
Advanced Human Biology (1)
Psychology/AP Psych (1)/Concurrent (.5)
Sports Psychology (.5)
Explorations in Biotechnology (.5)
Intro to Biology 1010 (.5)
Intro to Biology Lab 1015 (.5)
Anatomy & Physiology 1500 (.5)
Fundamentals of Biotechnology 1010 (.5)
Intro to Biotechnology II 1015 (.5)
Aerobic Fitness 1 & 2 (.5)
Team Sports (.5)
Weight Training 1 & 2 (.5)

Senior Year (12th Grade)

Sports Medicine/AT 2175 (1)
Medical Anatomy & Physiology (1)
Advanced Human Biology (1)
Psychology/AP Psych (1)/Concurrent (.5)
Sports Psychology (.5)
Explorations in Biotechnology (.5)
Intro to Biology 1010 (.5)
Intro to Biology Lab 1015 (.5)
Anatomy & Physiology 1500 (.5)
Fundamentals of Biotechnology 1010 (.5)
Intro to Biotechnology II 1015 (.5)
Aerobic Fitness 1 & 2 (.5)
Team Sports (.5)
Weight Training 1 & 2 (.5)

3. SENIOR PROJECT **may be completed prior to senior year—see Coach Cowles**

1. A 2 page paper of experiences shadowing a physical or occupational therapist and what you have learned. Also please include why you would like to pursue a career as a physical or occupational therapist.
2. A copy of at least 20 logged hours--date and number of hours--signed by the physical or occupational therapist.